

## **FORK LIFT TRUCK (EXPERIENCED OPERATORS)**

### **Introduction:**

This practical programme has been designed for existing Fork Lift Truck operators who have been continuously operating a F.L.T for a minimum of 6 months. The programme is approved by R.T.I.T.B and fully complies with the approved code of practice for the training of Fork Lift Truck operators

### **Objective:**

To enable participants to acquire the skills and knowledge needed to operate Fork Trucks safely and efficiently and to take the R.T.I.T.B driving test. To understand the implications under the Health & Safety at Work Act 1974, the Factories Act 1961 or the Construction Lifting Requirements 1961

### **Programme Synopsis:**

- In-house company codes of practice
- Identify, describe and explain the principle components
- Understand the terminology used and the features affecting the stability and capability of the machine
- Carry out pre-use safety inspection and perform daily maintenance checks as recommended by the machine manufacturer
- Identify safe terrain conditions and operate within the design limits of the machine
- Understand the safe loading of the machine and be able to assess the weight of the loads handled if applicable
- Understand operator safety code
- Operate and manoeuvre F.L.T in confined spaces
- Stack pallets and stillages
- Carry out bulk stacking
- Load and unload transport safely (if applicable)

**Duration** Three (3) Days

**Course Code** TSCFLTEXP

**Certification** RTITB