

FIRST AID at WORK

Introduction:

This four day programme is organised in compliance with the Health & Safety (First Aid) Regulations Act 1981 and leads to the award of certificate of qualification as a First Aider to candidates who attain a satisfactory standard.

It is valid for three years at which time a refresher course and re-examination must be taken.

Objective:

That the delegate shall be able to using the knowledge gained from the course demonstrate the ability to manage a practical situation and complete a theory assessment to the standard of the Health & Safety (First Aid) Regulation.

Programme Synopsis:

- Course Administration Introduction
- Statutory Information Requirements
- Basic Anatomy
- Resuscitation / Choking
- Circulation
- Internal & External Bleeding
- Control of Bleeding
- Angina, Heart Attack and Stroke
- First Aid Box, Record Keeping
- Unconsciousness
- Head injuries
- Diabetes
- Epilepsy
- Fractures – signs, symptoms causes and types
- Soft Tissue Injuries
- Burns and Scalds
- Eye Injuries
- Poisoning
- Transport of Casualty
- Written Examination

Duration: Four (4) Days

Course Code: TSCFAW

Certification: HSE

FIRST AID REFRESHER CERTIFICATE

Introduction:

This two day programme is organised in compliance with the Health & Safety (First Aid) Regulations Act 1981 as a refresher for candidates who have current First Aid Certificates.

Objective:

That the delegate shall be able to use the knowledge gained from the course to demonstrate the ability to manage a practical situation and complete a theory assessment to the standard of the Health & Safety (First Aid) Regulation.

Programme Synopsis:

- Course Administration Introduction
- Duties of a first aider
- Statutory Information Requirements
- Resuscitation / Choking
- C.P.R
- Control of Bleeding
- Internal Bleeding & Shock
- Burns, Scalds, Eye Injuries and Poisoning
- Unconsciousness, Care of the Unconsciousness and Casualty
- Fractures – signs, symptoms causes and types
- Written Examination

Duration: Two (2) Days

Course Code: TSCFA (1)

Certification: HSE

APPOINTED PERSON FIRST AID

Introduction:

This half day programme is organised in compliance with The Health & Safety (First Aid) Regulations Act 1981 and will supply delegates with Basic First Aid knowledge.

Objective:

That the delegate shall be able to, using the knowledge gained from the course, demonstrate the ability to manage a practical situation.

Programme Synopsis:

- Expired breathing Ventilation (mouth to mouth) CPR
- Recovery Position
- Care of the unconscious casualty
- Control of Bleeding
- Contents of a first aid box
- Disposal, delegation & communication

Duration: Six Hours

Course Code: TSCFAAPLM

Certification: HSE approved – valid for three years

FIRST AID FOR CHILD CARERS

Introduction:

This programme has been developed in association with the NCMA and PLA. It is suited to delegates who come from group work settings or those who work in a domestic setting, caring for children in varying age groups.

Objective:

Delegates will gain skills and knowledge for using First Aid in a child care capacity.

Programme Synopsis:

- Accidents
 - How and why they occur
 - How they can be prevented
 - Safety in the child's development
- Management of the Unconsciously Casualty
 - Recovery position
 - Hypoxia
 - Resuscitation
- The First Aid Kit
 - Contents of the First Aid Kit
 - Blood loss and shock
 - Burns and scalds
- Causes of Unconsciously
 - Head injuries
 - Electric shock
 - Foreign bodies
- Fractures
 - How bones break
 - Recognition of fractures
 - General treatment
- Minor illness
 - Recognition and management
 - Administration of medication

Duration: 12 Hours

Course code: TSCFACHILD

Duration: British Red Cross First Aid for Child Carers Certificate

TRAUMA 5 DAY – INTERMEDIATE LEVEL

Introduction:

This programme has been designed for the advancement of First Aid Personnel at work, where risk to employees in heavy industry may need more treatment than a qualified First Aider can administer.

Objective:

To introduce to delegates diagnostic and management skills. They will learn how to implement these skills in an emergency and will be taught the need for rapid evaluation of an incident.

Programme Synopsis:

- Expired breathing ventilation (CPR) mouth to mouth
- Patient assessment
- Treatment and recognition of shock
- Kinematics of trauma
- Head, chest & spinal trauma
- Advanced life support (A.E.D)
- Transport of the casualties, long spinal board
- Defibrillation (Head start)
- Trauma scenarios

Duration: Five (5) Days

Course Code: TSCFATR

Certification: HSE Approved