

## CREATIVE THINKING AND PROBLEM SOLVING

### Introduction:

This course is designed to focus on the power of the mind and how we can use its potential to the full. In order to solve problems and make decisions, we need to harness both the structured analytical side of our brain and the more creative, imaginative side if we are to optimise our mind's potential. This course will also focus on your present individual approach to problem solving and encourage you to develop new ways of thinking

### Objective:

***By the end of this course you will be able to:***

- Identify how you think and solve problems
- Use structured, analytical approaches to problem solving
- Apply creative thinking techniques to solving problems and making decisions

### Programme Synopsis:

- Characteristics of an effective thinker
- How the mind works
- The upper and lower brain functions
- Analytical and creative thinking
- False logic and fallacies
- Simple model of goal achievement
- Beliefs and feelings
- Mind mapping
- Edward de Bono's six action shoes
- Edward de Bono's six thinking hats
- A framework for problem solving
- Group decision making
- Summary

**Duration:** One (1) Day

**Course Code:** TSCCTPS

**Certification:** Training Solutions 2000